

PREP INFORMATION FOR X-RAY TESTING

CAT SCAN

- Keep Patient NPO for any CT study using IV contrast. Some of the most common are:

| | |
|-----------------------|--------------------------------|
| CT- Abdomen w/wo | CTA- Abdomen |
| CT- Abdomen w | CTA- Chest |
| CT- Brain w/wo | CTA- Head |
| CT- Brain w | CTA- Lower and Upper extremity |
| CT- Neck w | |
| CT- Thorax w | |
| CTA- Neck | |
| CTA- Pelvis | |
| CTA- Aorta and runoff | |

NUCLEAR MEDICINE

- Keep Patient NPO for any study pertaining to the gallbladder, abdomen or heart. Some of the most common are:

NM- Hida
NM- Gastric Emptying
NM- Myocardical scans

ULTRASOUND

- Keep Patient NPO for the following: (at least 6 hours)
US- Abdomen
US- Gallbladder
- Patient must have full bladder for the following:
US- OB
US- Pelvis

X-RAY (DIAGNOSTIC)

- Keep Patient NPO for any Barium or IV contrast studies. Some of the most common are:

XR- BE-

12-24 hours before; clear liquids, laxative starting a Noon day before test and NPO after midnight

XR- Upper GI and/or Small Bowel

NPO after midnight or 8-12 hours before study

XR- IVP

Laxative 8-12 hours before study and NPO after midnight